

Attachment G: Jurisdictional Report for TAS

Key to Tasmania's role in National Implementation Strategy:

Tasmania to lead development of implementation approach

Tasmania to participate in sub-group for development of implementation approach

<p>1. Improve community and service understanding and attitudes through a sustained and comprehensive national stigma reduction strategy.</p>	<ul style="list-style-type: none"> • In October 2009, the Tasmanian Government released <i>Building the Foundations for Mental Health and Wellbeing, A Strategic Framework for Implementing Promotion, Prevention and Early Intervention (PPEI) Approaches in Tasmania</i>. Under this Framework, the development of a social marketing strategy to increase mental health literacy and reduce the stigma and discrimination against people with a mental illness has been identified as a priority for 2009 – 2010. This work will be done in partnership with the Mental Health Council of Tasmania with significant preliminary work to occur at a community development level prior to the development of a campaign. • Tasmania also funds beyondblue, the national depression initiative. • Tasmania, through the Migrant Resource Centre in the South and Aspire in the North, supports the rollout of “Stepping Out of the Shadows” stigma reduction training for culturally and linguistically diverse communities.
<p>2. Coordinate the health, education and employment sectors to expand supported education, employment and vocational programs which are linked to mental health programs.</p>	<ul style="list-style-type: none"> • The Department of Health and Human Services, through Statewide & Mental Health Services, has established the Integrated Employment Project in the north and south of the State. An employment specialist is located within the adult community mental health team who actively works with the multidisciplinary mental health team and the client to achieve employment solutions. Results have been positive to date. It is intended that this project be rolled out across all adult community mental health teams in Tasmania. • MH In-Touch is a new network that meets periodically to discuss how to best assist people living with a mental illness to access education, training or employment. MH In-Touch aims to link mental health service providers with education and training providers and employment agencies.
<p>3. Improve coordination between primary care and specialist mental health services in the community to enhance consumer choice and facilitate 'wrap-around' service provision.</p>	<ul style="list-style-type: none"> • Statewide & Mental Health Services has employed a GP Liaison Officer to support the development of a stronger and more strategic relationship with the primary health care sector. The Officer is currently working on the establishment of a mental health primary clinical network for Tasmania.
<p>4. Adopt a recovery oriented culture within mental health services, underpinned by appropriate values and service models.</p>	<ul style="list-style-type: none"> • Statewide & Mental Health Services, through its assertive case management model and underpinned by the <i>Mental Health Services Strategic Plan 2006 – 2011</i>, is working consistently to re-orient service delivery to ensure a culture of recovery. This work is also occurring within the community sector level. • The recently released <i>Building the Foundations for Mental Health and Wellbeing Framework</i> is founded on a positive concept of mental health and a commitment to recovery. This is articulated in the Framework, particularly in regard to mental health promotion, with the Framework articulating the roles and responsibilities of Mental Health Services and funded Community Sector Organisations, in mental health promotion, mental ill-health prevention and early intervention. • The Framework highlights the important role of consumers and carers in re-orienting a mental health service to recovery. Statewide

	<p>& Mental Health Services conducted a review of consumer and carer participation during 2008 and is progressing the implementation of the recommendations of the report.</p> <ul style="list-style-type: none"> • Statewide & Mental Health Services Workforce Development Unit delivers training to mental health service staff and recently engaged Ron Coleman, a Scottish Mental Health Trainer and Consultant specialising in Recovery and Psychosis, to work with staff from the mental health service sector in Tasmania.
<p>5. Develop integrated programs between mental health support services and housing agencies to provide tailored assistance to people with mental illness and mental health problems living in the community.</p>	<ul style="list-style-type: none"> • The Department of Health & Human Services funds a number of community sector organisations to provide residential and rehabilitation support to clients with a mental illness. Business units within the Department liaise regularly to determine priorities for clients with a mental illness and/or disability.
<p>6. Develop integrated approaches between housing, justice, community and aged care sectors to facilitate access to mental health programs for people at risk of homelessness and other forms of disadvantage.</p>	<ul style="list-style-type: none"> • Inter Agency Support Teams are cross agency teams through which young people identified at high risk, are able to benefit from cross agency solutions to emerging problems. The teams are supported with input from across State Government agencies and are located within each Local Government Area in Tasmania. The Department of Police & Emergency Management is currently reviewing the operation of the teams to identify whether the model can be extended to support adult clients. • Partnership with Housing Tasmania regarding the residential support for clients with severe mental illness
<p>7. Lead the development of coordinated actions to implement a renewed Aboriginal and Torres Straits Islander Social and Emotional Well Being Framework.</p>	<ul style="list-style-type: none"> • In Tasmania, the Department of Health & Human Services, through Population Health, employs a Policy Officer, Aboriginal Health, who has an established relationship with Statewide & Mental Health Services' Aboriginal Policy & Liaison Officer. • Statewide & Mental Health Services State Office, through Commonwealth funding, has engaged an Aboriginal Policy & Liaison Officer to provide strategic policy advice. • In the <i>Building the Foundations for Mental Health and Wellbeing Framework</i>, released by the Tasmanian Government in October 2009, Priority Five identifies a number of strategies to reduce mental health inequalities. <ul style="list-style-type: none"> ◦ <i>Strategy Three</i>: Work with relevant policy makers, health organisations and communities to ensure the unique promotion, prevention and early intervention needs of Tasmanian Aboriginal people are identified and met. • Staff within DHHS will work across agency and with the Aboriginal communities in Tasmania to coordinate actions to support the directions noted in the <i>Building the Foundations Framework</i> and also those identified with the renewed Aboriginal and Torres Strait Islander Social and Emotional Wellbeing Framework.
<p>8. Work with schools, workplaces and communities to deliver programs to improve mental health literacy and enhance resilience.</p>	<ul style="list-style-type: none"> • MindMatters and KidsMatter are implemented through Project Officers based within the Department of Education • Tasmania supports the pilot Kids Matter (Early Childhood) program. • Mental Health in Schools Reference Group with representation from the public, Catholic and independent education sector • DHHS provides mental health first aid training across the health sector and to CSOs as required • Statewide & Mental Health Services, in partnership with the Department of Premier & Cabinet, recently released a tender to engage providers that offer workplace specific mental health and wellbeing training and education for the purpose of establishing a panel of preferred contractors for engagement by State Service Agencies.

	<ul style="list-style-type: none"> Implementation of Good Sports and Build Your Game to support the development of responsible alcohol culture within sporting clubs and an increased understanding of mental health promotion and early signs of mental ill-health. Partners include beyondblue, DHHS, Department of Sport and Recreation and the Australian Drug Foundation.
<p>9. Implement targeted prevention and early intervention programs for children and their families through partnerships between mental health, maternal and child health services, schools and other related organisations.</p>	<ul style="list-style-type: none"> National Perinatal Depression Initiative (statewide) <ul style="list-style-type: none"> A Project Officer has been appointed for Tasmania to progress the initiative statewide.
<p>10. Expand community-based youth mental health services which are accessible and combine primary health care, mental health and alcohol and other drug services.</p>	<ul style="list-style-type: none"> <i>HeadSpace</i> currently provides multidisciplinary services to youth in Northern Tasmania (Launceston) only. SMHS is currently in negotiations with headspace in the North to identify areas of need and opportunities for collaboration. The Link, a community-based service, provides health services to young people in the greater Hobart area and is based within the Hobart CBD. Development of Integrated Care Centres and rollout of Child and Family Centres across Tasmania
<p>11. Implement evidence-based and cost-effective models of intervention for early psychosis in young people to provide broader national coverage.</p>	<ul style="list-style-type: none"> The recently released <i>Building the Foundations for Mental Health and Wellbeing Strategic Framework and Action Plan</i> identifies the need to: <ul style="list-style-type: none"> Re-define current service delivery profiles to include four service streams – children, adolescents and youth (12-25 years), adults, and older adults. Develop a mechanism for the early identification of emerging risks affecting mental health to ensure timely service access for shared clients of mental health, alcohol and other drug services, child protection and corrections, as well as for family members who might also be at increased risk.
<p>12. Provide education about mental health and suicide prevention to front line workers in emergency, welfare and associated sectors.</p> <p>Tasmania is a member of the implementation subgroup: Suicide Prevention Framework Alignment Working Group</p>	<ul style="list-style-type: none"> Human Capital Alliance was engaged in December 2009 to develop Tasmania's first Suicide Prevention Strategy. The Draft Strategy is due by the end May 2010 and the final Strategy is expected by June 2010. The Strategy will form a sub-strategy of <i>Building the Foundations for Mental Health and Wellbeing</i> and will identify whole of government and whole of community strategies and actions, targeting populations know to be at higher risk of suicide. An MoU has been developed between the 24/7 Standby Response Team and Tas Ambulance and is due for sign off late April 2010. Tasmania, through Wesley mission LifeForce and Lifeline Hobart, held the first Suicide Memorial Service in April 2010 which was attended by service providers from government, community and non-profit sectors.
<p>13. Coordinate state, territory and</p>	<ul style="list-style-type: none"> Tasmania's first Suicide Prevention Strategy will be finalised by June 2010. The Strategy will be developed in line with the LIFE Framework and will form a sub-strategy of <i>Building the Foundations for Mental Health and Wellbeing</i> and will identify whole of government and whole of community strategies and actions, targeting populations know to be at higher risk of suicide.

<p>Commonwealth suicide prevention activities through a nationally agreed suicide prevention framework to improve efforts to identify people at risk of suicide and improve the effectiveness of services and support available to them.</p> <p>Tasmania is a member of the implementation subgroup: Suicide Prevention Framework Alignment Working Group</p>	<ul style="list-style-type: none"> • The Department of Premier and Cabinet's Social Inclusion Unit, in its recently released report, highlights suicide prevention, stigma and discrimination and links with community-based solutions. • The CEO of Statewide & Mental Health Services chairs the Tasmanian Suicide Prevention Committee, with representation from across agency and the community. •
<p>14. Expand the level and range of support for families and carers of people with mental illness and mental health problems, including children of parents with a mental illness.</p>	<ul style="list-style-type: none"> • Kids in Mind Tasmania initiative (support for children of parents with mental illness) <ul style="list-style-type: none"> ○ Taz Kidz Clubs, Champs Camps and Parenting Support Programs – Anglicare Tasmania ○ Statewide Coordinator ○ Early Intervention Support for Young People and Families from culturally and linguistically diverse and refugee backgrounds. • Tasmania was one of two states to pilot the National COPMI E-learning resource (August 2009) • Implementation statewide of the National COPMI Initiative's recently launched e-learning module, Keeping Families and Children in Mind (October 2009) • Implementation of the recommendations under the recently released Consumer and Carer Participation Report • Strengthening the development of ARAFMI Tas Inc, the primary family/carer organisation. ARAFMI will provide support, information and peer support.
<p>15. Develop tailored mental health care responses for highly vulnerable children and young people who have experienced physical, sexual or emotional abuse, or other trauma.</p>	<ul style="list-style-type: none"> • Under the Kids in Mind Tasmania initiative, Anglicare Tasmania Inc. is funded to provide Taz Kidz Clubs and Champs Camps for children of parents with mental illness • Family and individual therapeutic programs through CAMHS • Early Intervention Project (Migrant Resource Centre Southern Tasmania Inc.) provides tailored training for schools, child care workers regarding issues faced by former refugee young people and their families. The Centre, through the Phoenix Centre program, provides individual and family counseling and support. • Development of a Child and Adolescent Inpatient Unit will begin in 2010
<p>16. Develop a national service planning framework that establishes targets for the mix and level of the full range of mental health services, backed by innovative funding models.</p>	<ul style="list-style-type: none"> • Under the funding allocation supporting the Bridging the Gap initiative, Tasmania provides a mixed range of mental health services which also saw the recent addition of a transition unit of 12 beds at Rocherlea, in the north of the State. • Pre-planning for the development of a new Mental Health Services Strategic Plan • Development of a new Mental Health Services Information System to guide service planning, funding models and data collection.

<p>17. Establish regional partnerships of funders, service providers, consumers and carers and other relevant stakeholders to develop local solutions to better meet the mental health needs of communities.</p>	<ul style="list-style-type: none"> • Management and implementation of the Collaboration Strategy which will enhance the opportunities for the development of local solutions across sectors through Inter/Intra Agency Working Groups for Mental Health.
<p>18. Improve communication and the flow of information between primary care and specialist providers, and between clinical and community support services, through the development of new systems and processes that promote continuity of care and the development of cooperative service models.</p>	<ul style="list-style-type: none"> • Establishment of Mental Health Clinical Network for Tasmania with a strong focus on the primary health and mental health care interface.
<p>19. Work with emergency and community services to develop protocols to guide and support transitions between service sectors and jurisdictions.</p>	<ul style="list-style-type: none"> • Provision of a range of training opportunities to Police and Emergency Services Management and Ambulance Services in mental health legislation and mental health first aid. • Consideration being given to facilitate training for health staff in relation to legal processes.
<p>20. Improve linkages and coordination between mental health, alcohol and other drug and primary care services to facilitate earlier identification of, and improved referral and treatment for, mental and physical health problems.</p>	<ul style="list-style-type: none"> • Development of Mental Health Clinical Network for Tasmania with key stakeholders primary health care / mental health services and alcohol and drug services. • Ongoing implementation of a Statewide Comorbidity Framework

<p>21. Develop and implement systems to ensure information about the pathways into and through care is highly visible, readily accessible and culturally relevant.</p>	<ul style="list-style-type: none"> • In October 2009, Statewide & Mental Health Services released the Consumer and Family Support Guide for Mental Health Services in Tasmania which provides an overview of current services in Tasmania and the referral pathways. • SMHS has developed a range of other publications promoting available services and has also developed a stronger Intranet and Internet presence. • The MHS helpline brochure will be translated into five new languages in 2010.
<p>22. Better target services and address service gaps through cooperative and innovative service models for the delivery of primary mental health care.</p>	<ul style="list-style-type: none"> • Establishment of Primary Mental Health Clinical Network for Tasmania
<p>23. Review the Mental Health Statement of Rights and Responsibilities.</p>	<ul style="list-style-type: none"> • The Mental Health Statement of Rights and Responsibilities informs policy development, strategic and service planning for Tasmania's Mental Health Services.
<p>24. Review and where necessary amend mental health and related legislation to support cross-border agreements and transfers of people under civil and forensic orders, and scope requirements for the development of nationally consistent mental health legislation.</p>	<ul style="list-style-type: none"> • Part 12 of the <i>Mental Health Act</i> enables the Minister for Health to enter into agreements with interstate counterparts to give effect to the: <ul style="list-style-type: none"> ◦ transfer of involuntary patients, forensic patients who are not prisoners and persons who are subject to supervision orders between jurisdictions on humanitarian grounds (referred to here as humanitarian transfer agreements), and ◦ apprehension, detention and return of patients subject to continuing care orders, and forensic patients who are not prisoners, who abscond from the approved hospital or secure mental health unit in which they are being detained and are found at large, from the jurisdiction in which they are found at large to the 'home' jurisdiction (referred to here as interstate control agreements). • The development of cross-border arrangements is a key direction of the <i>Fourth National Mental Health Plan 2009 - 2014</i>. The development of cross-border arrangements for the humanitarian transfer and interstate control of mental health patients is also a standing item on the Mental Health Standing Committee of the Australian Mental Health Advisory Council Health Policy Priorities Principal Committee. • Despite a history of negotiation between Tasmania and other jurisdictions, in particular Queensland and Victoria, Tasmania is yet to enter into any humanitarian transfer or interstate control agreements. • Negotiations have been sporadic for a number of reasons, including the need to amend the <i>Criminal Code 1924</i>, <i>Sentencing Act 1997</i>, <i>Criminal Justice (Mental Impairment) Act 1999</i> and <i>Mental Health Act</i> in 2002 to enable Tasmania to enter into bilateral agreements and the introduction of the forensic provisions to the <i>Mental Health Act</i> that occurred in late 2005. More recently, negotiations have not progressed significantly because of the need to dedicate available legislative resources to the review of the <i>Mental Health Act</i> and subsequent development of a new Mental Health Act. • SMHS has however recently commenced negotiations with South Australia and renewed discussions with Victoria with a view to developing agreements between those jurisdictions and Tasmania. • It is envisaged that the new Mental Health Act, which is currently being drafted, will contain provisions similar to Part 12 of the <i>Mental Health Act</i> enabling the Minister for Health to enter into interstate agreements. Any agreements entered into prior to the commencement of the new Mental Health Act would simply be modified to the extent necessary to ensure their continued operation under the new legislation.

<p>25. Develop and commence implementation of a National Mental Health Workforce Strategy that defines standardised workforce competencies and roles in clinical, community and peer support areas.</p>	<ul style="list-style-type: none"> • Statewide & Mental Health Services is engaged at a national level in the development of a workforce strategy for mental health. • In process of completing five year state based workforce development framework for SMHS and implementing "Leading the Way" recommendations (Whole of DHHS plan for nursing and allied health professionals) • <i>Growing Forward</i> paper commissioned by the Mental Health Council of Tasmania, examines the need for a workforce development strategy for Tasmania's mental health community sector organisations. • Commencing pilot for implementation of Mental Health Professional Online Development program (2010).
<p>26. Increase consumer and carer employment in clinical and community support settings.</p>	<ul style="list-style-type: none"> • Statewide & Mental Health Services <i>Consumer and Carer Participation Review</i> <ul style="list-style-type: none"> ○ Implementation of the recommendations of this report including the development of a single, properly constituted, sustainable consumer organisation, with statewide reach and appropriate governance arrangements. ○ Development of peer support programs ○ Development of appropriate consumer and family/carer worker positions within Mental Health Services
<p>27. Ensure accreditation and reporting systems in health and community sectors incorporate the National Standards for Mental Health Services.</p>	<ul style="list-style-type: none"> • Statewide & Mental Health Services is seeking accreditation through the Australian Council on Health Care Standards. This process formally began in 2009. • The Department of Health & Human Services established the Office for the Community Sector in 2008. The office has finalised a process of consultation with the community sector and government and has developed a range of new reporting frameworks including Quality and Safety, Performance Monitoring and Financial Reporting.
<p>28. Further develop and progress implementation of the National Mental Health Performance and Benchmarking Framework</p>	
<p>29. Develop a national mental health research strategy to drive collaboration and inform the research agenda.</p>	
<p>30. Expand and better utilise innovative approaches to service delivery including telephone and e-mental health services.</p>	<ul style="list-style-type: none"> • In 2007, Statewide & Mental Services established the Mental Health Services Helpline, a statewide service available 24 hours a day, seven days a week. The Helpline serves as the single point of entry into the public mental health system in Tasmania. • Launched in November 2009 the new health direct Australia telephone health advice line (1800 022 222)