

1 About this document



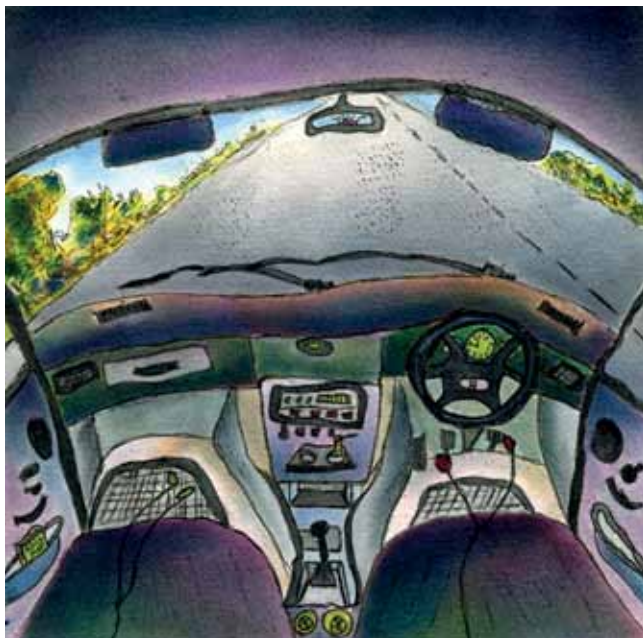
This document, *A national framework for recovery-oriented mental health services: Guide for practitioners and providers*, gives an overview of the national recovery-oriented mental health practice framework and guidance on recovery-oriented practice and service delivery.

It includes discussion on and definitions for the concepts of recovery and lived experience. It describes the practice domains and key capabilities necessary for the mental health workforce to function in accordance with recovery-oriented principles. And it provides guidance on tailoring recovery-oriented approaches to respond to the diversity of people with mental health issues.

The document is intended for all people employed in mental health service sectors², regardless of their role, profession, discipline, seniority or degree of contact with people accessing services. This includes consumer/family consultants and the peer workforce, practitioners, psychosocial and recovery support workers, Aboriginal and Torres Strait Islander health workers, social-emotional wellbeing workers, service managers and team leaders. It also includes people in administration, mental health policy development, research, program management and service planning.

This document will also be useful for professionals in other service systems who contribute to the wellbeing of people with mental health issues and who support their personal recovery efforts.

More information about the policy and research underpinnings of the framework is provided in the companion document to this guide, *A national framework for recovery-oriented mental health services: Policy and theory* available at www.health.gov.au/mentalhealth.



Journey of hope and new beginnings

The Journey Pauline Miles ©

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- 2 The mental health service system comprises services and programs in which the primary function is to provide promotion, prevention, early intervention, medical and psychiatric treatments and recovery support for people who experience mental health issues or mental illness, and/or their families, carers and support networks.

