

LIST OF THEMHS AWARDS 1996

Category I: COMPREHENSIVE CATCHMENT AREA SERVICE

(Excellence of service provision within the constraints of available resources)

Award Gold: THE LOGAN MENTAL HEALTH SERVICE, QUEENSLAND

Description: An accredited, integrated mental health service which comprised the Logan Hospital Psychiatric Unit and Woodridge Adult Mental Health Clinic. The service delivery model provided continuity of care by providing an extended hours service, mobile intensive care team, emergency phone advisory service, rehabilitation service and hospital consultation liaison team. A consumer and carer group facilitated a range of linkages to other local service providers.

Award Silver: REDCLIFFE-CABOOLTURE DISTRICT MENTAL HEALTH SERVICE CABOOLTURE ADULT MENTAL HEALTH SERVICE, QUEENSLAND

Description: The service was an extended hours, mobile community mental health service for adults with severe mental disorder and mental health problems and aimed to improve consumer access to a range of formal and informal services. The service worked to develop partnerships with consumers and carers and to form support networks for clinical work and service planning, delivery and evaluation.

Award Bronze: GRAMPIONS PSYCHIATRIC SERVICES, LAKESIDE HOSPITAL, VICTORIA

Description: The Grampions Psychiatric Services developed a number of innovative solutions to comprehensively provide services for child and adolescent, adult and aged care programs. Active recruitment of psychiatrists and other mental health workers assisted to develop strong multidisciplinary teams. General practitioners were involved in shared care, teleconferencing and assertive follow up using the state tracking system.

Category 2: SPECIALIST SERVICE OR INNOVATIVE PART OF A LARGER SERVICE

(Any area of service excluding categories below)

Award Gold: POST TRAUMATIC STRESS DISORDER UNIT
UNIVERSITY OF NSW AND WESTMEAD HOSPITAL, NEW SOUTH WALES

Description: The Post Traumatic Stress Disorder Unit provided assessment of stress reactions following traumatic injuries of patients admitted to hospital and early treatment based on a specially developed cognitive behavioural therapy program. The Unit's program was the first in the world to demonstrate that early cognitive behavioural intervention in trauma patients can prevent P.T.S.D. The Unit hoped to advance its program to provide similar assessment and treatment programs for children following trauma.

Award Silver: TRANSCULTURAL MENTAL HEALTH CENTRE, NEW SOUTH WALES

Description: The Centre worked to improve the mental health status of people from non-English speaking backgrounds and employed the community and mental health service providers to ensure that the needs of these people were appropriately addressed. Training was provided for health and community workers in transcultural mental health issues and culturally relevant multilingual resources in mental health were developed and promoted.

Award Bronze: POST TRAUMATIC STRESS DISORDER PROGRAM
AUSTIN AND REPATRIATION MEDICAL CENTRE, VICTORIA

Description: This Program was a statewide specialist service targeted to the needs of Vietnam Veterans, Defence Force Personnel and Emergency Services Workers. It provided treatment programs which dealt with acute and chronic presentations of post traumatic stress disorder (P.T.S.D). The Program concentrated on individual and group therapy, work specifically related to trauma, alcohol abstinence, partner support, education about P.T.S.D. and its treatment, anger management, depression and interpersonal/social skill development.

Category 3: REHABILITATION SERVICE

(including vocational services)

Award Gold: HUNTER PSYCHIATRIC EMPLOYMENT PANEL
COOKS HILL COMMERCIAL CENTRE, COOKS HILL, NEW SOUTH WALES

Description: This program assisted people with a psychiatric disability to find and maintain work. The program linked employment, rehabilitation, education and medical services and ensured that medical and psychiatric rehabilitation and employment supports were established to assist the consumer to realise their full potential.

Award Silver: BROMHAM PLACE CLUBHOUSE
SCHIZOPHRENIA FELLOWSHIP OF VICTORIA

Description: Bromham Place Clubhouse offered a safe environment where people with a mental illness could start again and be recognised as valuable, rather than a burden on society. People who attended the Clubhouse were members and worked alongside club staff doing the work required for the club to function. Involvement in Clubhouse activities was seen as a catalyst for people returning to work or study.

Award Bronze: INTERIM RESIDENTIAL REHABILITATION SERVICES, WESTERN AUSTRALIA

Description: The Interim Residential Rehabilitation Services provided an interim residential service which offered crisis, respite and group education to people with severe psychiatric problems. It was developed in response to an identified lack of accommodation services and provided a variety of residential models. The service also empowered and supported clients in the community and assisted clients to move to stable independent accommodation.

Category 4: CHILD AND ADOLESCENT SERVICE

Award Gold: SOUTHERN CHILD AND ADOLESCENT SERVICE MENTAL HEALTH SERVICES
FLINDERS MEDICAL CENTRE, SOUTH AUSTRALIA

Description: C.A.M.H.S provided a comprehensive, regionalised, multidisciplinary child and adolescent mental health service comprising an inpatient and liaison service and a child and adolescent research unit. The service was innovative in its programs and active in evaluation, research and national and local policy development.

Award Silver: BENDIGO HEALTH CARE GROUP, DIVISION OF PSYCHIATRY, VICTORIA

Description: The Bendigo Health Care Group provided professional high quality visiting services for children and adolescents in remote areas. Together with other welfare agencies it adopted creative and intelligent approaches to problem solving and provided support to children and their parents and guardians in remote towns.

Award Bronze: DIVISION OF MENTAL HEALTH, WOMEN AND CHILDREN'S HOSPITAL, SOUTH AUSTRALIA

Description: The Division provided a range of quality services and programs across the continuum of care ranging from a unique, state-wide tertiary inpatient facility through to mental health prevention and promotion programs. It offered a comprehensive continuum of care including mental health promotion and prevention programs across the northern metropolitan and country areas of South Australia.

Category 5: PSYCHOGERIATRIC SERVICE

Award Gold: SOUTHERN PSYCHOGERIATRIC ACTIVITY SERVICE
CENTRAL BAYSIDE COMMUNITY HEALTH CENTRE, NEW ZEALAND

Description: The Southern Psychogeriatric Activity Service consisted of specialist psychiatric workers providing a psychosocial model to assist clients access local activity services. The workers also acted as a psychiatric resource for existing activity services. S.P.A.S. worked closely with clients in developing a therapeutic relationship and gaining trust. The client was supported and assisted to integrate into appropriate activity programs/groups.

Award Silver: DANDENONG AGED PSYCHIATRY PROGRAM
DANDENONG HOSPITAL DEPARTMENT OF PSYCHIATRY, VICTORIA

Description: The Dandenong Aged Psychiatry Program provided assertive community based assessment, treatment and support services, without the benefit of a specialist bed based unit. The Program demonstrated a significant reduction in service utilisation and improved consumer/carer outcomes. Satisfaction with community service providers and clients was demonstrated by feedback mechanisms developed by the Program. This assisted the service to develop meaningful and responsive solutions to the needs of the client group and carers.

Award Bronze: WAITEMATA HEALTH, MENTAL HEALTH SERVICES FOR OLDER PEOPLE, NEW ZEALAND

Description: This was a multidisciplinary service providing community and in-patient services to people aged over 65 years. The service comprised two community teams responsible for domiciliary assessment and treatment with outpatients clinics. The service functioned as a crisis team, liaison psychiatry team, inpatient team, continuing care team, and community mental health centre.

Category 6: PREVENTION OR HEALTH PROMOTION SERVICE OR PROJECT

Award Gold: DANDENONG HOSPITAL DEPARTMENT OF PSYCHIATRY AND VICTORIA POLICE 'E' DISTRICT LIAISON PROGRAM, DANDENONG, VICTORIA

Description: This program was a team effort between Dandenong Hospital Department of Psychiatry and the Dandenong Police. The aim of the innovative program was to optimise client outcomes by providing a consistent, respectful approach to psychiatric clients, by both police officers and psychiatric clinicians in situations that required intervention by both parties. The model established at Dandenong Hospital Department of Psychiatry was adopted as a state-wide policy.

Award Silver: THE CONSULTATION LIAISON IN PRIMARY CARE PSYCHIATRY PROJECT MORELAND CONTINUING CARE CENTRE, BRUNSWICK, VICTORIA

Description: This project was an area-based mental health service providing clinical case management and rehabilitation, and a primary and secondary prevention service to patients. The project also created a supportive mechanism for mental health service clients who were transferred to shared care arrangements with general practitioners, focusing on secondary and tertiary prevention as well as physical health care promotion.

Award Bronze: THE TURKISH RADIO PROJECT
AUBURN COMMUNITY HEALTH CENTRE MENTAL HEALTH TEAM,
NEW SOUTH WALES

Description: The Turkish Radio Project was initiated to address the barriers in existing service provision with the Turkish-Australian population in an urban area. The Turkish Radio Program became a regular segment on SBS Radio and informed Turkish-Australian listeners about mental health issues and available resources. Feedback indicated that, as a result of the project, consumers were more likely to access mainstream mental health services than ever before.

Category 7: PARTNERSHIP SERVICE OR PROJECT

(For consumer/provider partnership activities, especially projects where consumers have equal power and were involved from the start)

Award Gold: JOINT PURCHASING PROJECT

NORTHERN REGIONAL HEALTH AUTHORITY (NORTH HEALTH),
NEW ZEALAND

Description: The Joint Purchasing Project was a decision-making partnership between consumers and the Northern Regional Health Authority's mental health section. The joint purchasing group was made up of health workers and consumers. The group decided the types of consumer-run initiatives to purchase, called for proposals and decided what proposals to accept.

Category 8: CONSUMER ADVOCACY SERVICE OR PROJECT

There were only two applications and neither was considered to be of sufficient standard for an award, though the Ryde Consumer Advocacy Project was favourably commended.

Category 9 INDIVIDUAL/TEAM AWARD FOR AN OUTSTANDING CONTRIBUTION TO THEORY/EDUCATION/PRACTICE

(Recognition of people who have made an important contribution to the development of better services)

**Award Gold: MENTAL HEALTH PROGRAM, DEPARTMENT OF HEALTH AND NUTRITION
UNIVERSITY OF WOLLONGONG, NEW SOUTH WALES**

Description: The Program offered innovative, post-graduate education and training in mental health to professionals and consumers which was presented by a multidisciplinary team using multimedia education technology. The program used state-of-the-art clinical approaches and multimedia education technology to support and re-skill mental health workers. It placed emphasis on the development of clinically effective and culturally sensitive strategies for health care workers.